

RACE WASTE TERRIBLE TOLL.

Thousands of Babies Die
Needlessly Every Year.

How to Prevent it is The Question Discussed by Cressy
L. Wilbur.

American race waste—more serious than race suicide—is pointed out in Census Mortality Bulletin No. 104, in which it is estimated that annually in the United States from 100,000 to 200,000 babies under five years of age die from preventable causes. This great loss of life among the little ones at the period when they are most lovable could be prevented, is the opinion of Dr. Cressy L. Wilbur, Chief Statistician for Vital Statistics of the Census Bureau, who prepared the bulletin, on the basis of present day knowledge of sanitary measures. For the accomplishment of effective preventive work in this direction, Dr. Wilbur holds that the prompt registration of all births and the more careful and precise statement of cause of death by physicians are essential.

In analyzing and comparing the totals obtained in the compilation of transcripts of death returns received for the year 1908 by the Census Bureau from the entire death registration area of the United States, as set forth in the bulletin, those for age periods show a somewhat increased per cent. of deaths of infants under one year for 1908, although the ratios for each of the individual years from one to four are identical for 1907 and 1908. Of the total number of deaths, 691,574 returned for 1909 from the entire registration area, it is stated in the bulletin that nearly one-fifth were of infants under one year of age and over one-fourth of children less than five years of age. It is declared that the brute force of the figures representing the actual deaths is more impressive, however, than any ratios or than the rates of infant mortality even if the latter could be computed in the absence of proper registration of births. Here are the figures:

More than one-eight of a million babies, under one year of age and fully 200,000 children, under five years of age, died among about one-half of the total population of the United States in the year mentioned. It is considered probable that fully 200,000 more died in those cities and states not included in the Census Bureau death registration area. In this connection Dr. Wilbur quotes Prof. Irving Fisher's conclusion that of all

the diseases of infancy, having the median age of one year, 47 per cent. may be prevented; and that of the diseases of childhood having median age two to eight years, 67 per cent. may be prevented.

"It does not seem unreasonable," Dr. Wilbur states, "when we consider the fact that there is apparently no reason why infants, if properly born, and this means simply the prevention of ante-natal diseases and the improvement of the health and condition of life of their parents, should die at all in early infancy or childhood, except in the comparatively small proportion of accidents that are strictly unavoidable."

The bulletin continues with a statement that the general death rate of a country is largely dependent upon its infant mortality, because the death rates of infants and young children are high and they affect a relatively numerous element of the population. Exact study of the incidents of disease upon infancy and childhood is most important, and it is imperatively necessary that here should be more effective registration of births throughout the United States for this purpose. The extremely important rate known as "infant mortality" is the ratio of deaths of infants under one year of age, not to population but to the number of children born alive during the year. This most important ratio should be readily available for the comparative study of deaths of infants in all of our states and cities, but the bulletin states, in the great majority of them unfortunately, the registration of births is worthless, and ratios calculated upon the returns would be deceptive and unreliable.

Take MENDENHALL'S Chill and Fever Tonic, as a general tonic for tired feeling and malaria.

INSANE MAN BURNS HOUSE AND BARN.

J. E. Bruce of Muhlenberg County Drives Family
Away.

Greenville, Ky., Nov. 9.—J. E. Bruce, who lives near Bremen, in this county, was brought here and lodged in jail charged with arson. On Saturday morning, Bruce drove his family, consisting of a wife and six children, away from home and set his dwelling on fire, and also destroyed another dwelling house, consuming all of the household goods. He then drove his stock, consisting of mules, horses, cows and hogs into his barn and fastening them up in it set it on fire, destroying everything.

No one saw him commit the deed, but some of his brothers and neighbors captured him and brought him to jail. The deed has caused a furor of excitement in that community. Bruce was tried in the County Court here in June and committed to the asylum at Hopkinsville, but was released a few days ago as cured by the officers of that institution.

He has left a wife in destitute condition and with six small children to support. He will be returned to the asylum.

Children Cry FOR FLETCHER'S CASTORIA

The Rev. Irl B. Hicks Almanac
for 1910.

Ready November 15th, 1909, a splendid year-book, on astronomy and meteorology, the only one containing the "Hicks Weather Forecast." By mail, postpaid, 35c, on news stands, 30c. One copy free with a year's subscription to WORD AND WORKS, the Rev. Irl B. Hicks Monthly Magazine, the best \$1. monthly in America. Discounts on Almanacs in quantities. Agents wanted. Remember, the genuine "Hicks Forecasts" are not published anywhere else—you get them only in his own publications. Word and Works Publishing Co., 2201 Locust Street, St. Louis, Mo.

Won't Slight a Good Friend.

"If ever I need a cough medicine again I know what to get," declares Mrs. A. L. Alley of Beals, Me., "for after using ten bottles of Dr. King's New Discovery, and seeing its excellent results in my own family and others, I am convinced it is best medicine made for coughs, Colds and lung trouble." Everyone who tries it feels just that way. Relief is felt at once and its quick cure surprises you. For Bronchitis, Asthma, Hemorrhages, Croup, LaGrippe, Sore Throat, pain in the chest or lungs its supreme. 50c and \$1.00. Trial bottle free Gauranteed by all Druggists.

THEY SAW TWO REAL GHOSTS.

Two Specters Witnessed in One
Night at an Old Mansion.

Two gists have been seen in one evening at Renshaw, the residence of Sir George Sitwell, near Chesterfield, Reinshaw is an old house dating from 1625, and more than one ghostly legend is associated with it.

Sir George, who formerly sat in Parliament for Scharborough, is a great antiquary and a good sportsman. He was instrumental in capturing a "spirit" at the London headquarters for the Spiritualists in 1880. Lady Ida Sitwell is the sister of the present Earl of Londesborough.

Sir George Sitwell's story appears in the Daily Mail as follows:

Last Saturday two ghosts were seen at Reinshaw, Lady Ida had been to Scarborough to attend the lifeboat ball, at which she sat up until 4 o'clock in the morning and had returned home that afternoon. After dinner party of six—I was absent for a few ours—sat in a drawing room upstairs, Lady Ida on a sofa facing the open door.

Looking up after speaking to a friend no her left, she saw in the passage outside the figure of a woman, apparently a servant, with grey hair and white cap, the upper part of the dress blue, the skirt dark. The arms were at full length and the hands clasped. This figure moved with a very slow, furtive, gliding motion, as if wishing to escape notice, straight toward the head of the old staircase, which I removed 20 years ago.

Lady Ida called out: "Whos that? Who's that?" then the name of the housekeeper: then to those who were nearest the door, "Run out and see who it is; run out at once." Two rushed, out but no one was there. The others joined them and searched the hall and passages upstairs.

As they were coming down, one of the party, Miss R., who was a little away from the rest, exclaimed: "I do believe that's the ghost." There in the full light of the archway below, within 20 feet of her, just where the door of the old ghost room used to stand until I removed it to put the present staircase in its place, she saw the figure of a lady with dark hair and dress, lost in painful thought and oblivious of everything about her. The dress was fuller than the modern fashion, the figure, though apaque, cast no shadow. It moved with a curious gliding motion into the darkness and melted away at or within a yard of the spot where a doorway, now walled up, led from the staircase to the hall.

There is no doubt that these figures were actually seen as described. They were not ghosts, but phantoms—reversed impressions of something seen in the past, and now projected from an overtaxed and an excited brain. In both cases the curious gliding movement, the absence of shadow, the absolute stillness of the figures, which moved neither hand nor head, and hardly seemed to breathe point to that conclusion. Such an experiment goes far toward solving the ghost problem. Ghosts are sometimes met with, but they are not real ghosts.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surface of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & Co., Toledo Ohio. Sold by all Druggists. 75c. Take Hall's Family Pills for constipation.

Evolution of the Foot.

It is evident, says E. H. Aitken, in the August Strand, that in what is called the evolution of animal forms, the foot came in suddenly when the backbone creatures began to live on the dry land—that is, with the frogs. How it came in is a question which still puzzles the physiologists, who can not find a sure pedigree for the frog. There it is, anyhow, and the remarkable point about it is that the foot of the frog is not a rudimentary thing, but an authentic standard foot, like the yard measure kept in the Tower of London, of which all other feet

are copies or adaptations. This instrument as part of the original outfit given to the pioneers of the brainy, backboneed and four-limbed races, when they were sent out to multiply and repopulate the earth, is surely worth considering well. It consists essentially of a sole or palm, made up of small bones, and for five separate digits, each with several joints.

In the hind foot of a frog the toes are very long and webbed from point to point. In this it differs a good deal from the toad, and there is significance in the difference. The "heavy-gaited toad," satisfied with four ants, hard beetles and such other fare as it can easily pick up and grown nasty in consequence, so that nothing seeks to eat it, hobbled through life, like a plethoric old gentleman, until the present day, on its original feet. The frog, seeking better diet and greater security of life, went back to the element in which it was bred, and, swimming much, became better fitted for swimming. The soft, elastic skin between the fingers or toes, is just the sort of tissue which responds more readily to inward impulses, and we find that the very same change has come about in those birds and beasts which live much in water. I know that this is not the accepted theory of evolution, but I am waiting until it shall become so. We all develop in the direction of our tendencies and shall, I doubt not, be wise enough some day give animals leave to do the same.

QUICK'S LIVER & BLOOD PILLS

Will cleanse your liver and purify your blood and make you feel like a new man.

In Memory.

On the evening of October 9, 1909, the angel of death came and removed from us, our beloved grandmother, Mrs. Margaret Loney. How we miss her but we must bow in submission to the will of God, who doeth all things well. Her suffering on earth is done and she is now resting in peace with the redeemed on high. She leaves five children, twenty-six grand-children and twenty-three great grand-children and many friends who are saddened over her departure. All was done for her that loving hands could do, but she lived her allotted time, eighty-eight years, five months and one day. May we, whether our days be many or few strive to follow the straight and narrow path that leads to that land, where death never enters and where we'll never say, "good bye". Violet.

Lived 152 Years.

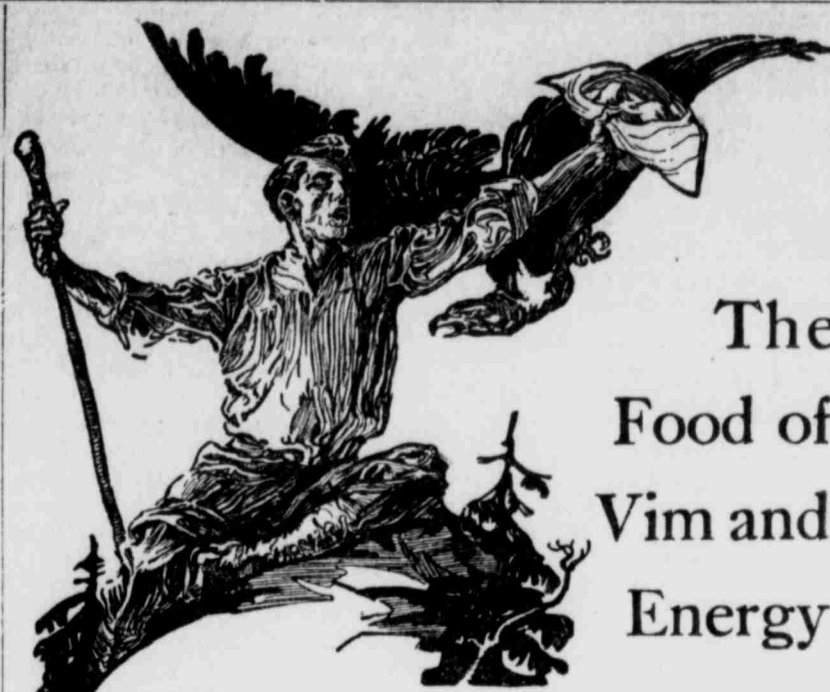
Wm. Parr—England's oldest man—married the third time at 120, worked in the fields till 132 and lived 20 years longer. People should be youthful at 80. James Wright, of Spurlock, Ky., shows how to remain young. "I feel just like a sixteen-year-old boy," he writes, "after taking six bottles of Electric Bitters. For thirty years Kidney trouble made life a burden, but the first bottle of this wonderful medicine convinced me I had found the greatest cure on earth." They're a godsend to weak, sickly rundown or old people. Try them, 50c at all Druggists.

An Essay on Man.

Man that is born of woman is small potatoes and few in a hill. He rises up today and flourishes like a ragweed, and tomorrow or next day the undertaker hath him in his ice-box. He goeth forth in the morning warbling like a lark and is knocked out in one round and two seconds. In the midst of life he is in debt, and the tax collector pursueth him wherever he goeth. He goeth forth in the bright sunlight to absorb ozone and meeteth the bank collector with a sight draft for \$357. The banister of his life is full of splinters and he slideth down it with considerable rapidity. He cometh home in the evening and meeteth the wheelbarrow in his path. And the wheelbarrow riseth up and smiteth him to the earth and falleth upon him, runneth one of its legs into his summer clothes, and a blizzard striketh him and filleth him in filleth him with great excitement. He cometh home late from the club, and the faithful watch-dog treeth him, and sitteth beneath until the rosy morn. He marrieth a red-haired heiress with a wart on her nose, and the next day her paternal ancestor goeth under with few assets and great liabilities and cometh home to live with beloved son-in-law.

Smashes all Records.

As an all-round laxative tonic and health-builder no other pills can compare with Dr. King's New Life Pills. They tone and regulate stomach liver and kidneys, purify the blood, strengthen the nerves; cure Constipation, Dyspepsia, Biliousness, Jaundice, Headache, Chills and Malaria. Try them. 25c at all Druggists.



The
Food of
Vim and
Energy

One plateful of MOTHER'S OATS will produce more vim and vigor and energy and action—more vitality, more enthusiasm and more endurance, than many times the same bulk of meat, fish, fowl, or cereals of lower food value. MOTHER'S OATS are different from other's oats and different from ordinary oatmeal. They are put up in sanitary sealed packages. But there's more to MOTHER'S OATS than the package; they are the best oats in the world, the best selection of the best crops. Every batch that comes to our mills is screened and only the ripe, big grains are marketed. They are not only sterilized, but steamed (to burst the proteid cells); then rolled (to render the cooking easy), and after that, MOTHER'S OATS are crushed (to hasten their digestion)—easy work for the stove, easy work for the stomach and more work for the man.

There's a coupon in every package of Mother's Cereals. You can collect enough of them in a little while to own a Fireless Cooker for nothing. Your grocer will tell you how to get it free. There are a number of ways and all of them make it worth while to buy Mother's Cereals: Mother's Oats, Mother's Corn Meal (white or yellow), Mother's Wheat Hearts (the cream of the wheat), Mother's Hominy Grits, Mother's Corn Flakes (toasted), Mother's Coarse Pearl Hominy, Mother's Old Fashioned Steel Cut Oatmeal, Mother's Old Fashioned Graham Flour.

THE GREAT WESTERN CEREAL COMPANY
OPERATING MORE OATMEAL MILLS THAN ANY OTHER ONE CONCERN
AKRON BOSTON NEW HAVEN PHILADELPHIA CHICAGO
PITTSBURG ALBANY ST. LOUIS

WORLD'S PRODUCTION OF PURE GOLD.

Fast Approaches Half Billion
Dollars Annually

The November circular of the National City Bank discusses the rapid increase in the production of gold and silver, and says:

"It is estimated from data now at hand that the world's output of gold for 1909 will not be less than \$450,000,000 as compared with the world's product for 1908 of \$434,000,000, and should the present rate of annual increase be maintained for the next three years it will in 1912 exceed \$500,000,000. There is every reason to expect that the world's product will increase annually for several years to come. The probable life of the mines of the Rand has been the subject of much speculation in mining circles, the consensus of opinion being that these mines will contribute largely to the world's output of gold for at least a quarter of a century. At this time there is no indication of a decline in the gold production of the South African field. On the contrary, the output from this source is growing from year to year. The greatest feature in these mines is represented by the depth at which they can be successfully worked. In the mines of nearly all other parts of the world heat increase one degree Fahrenheit for every 55 verticle feet of depth obtained, while in the mines of the Rand the increase of heat is only one degree Fahrenheit in 265 verticle feet. This physical condition will admit of the successful working of these mines to a great depth, and will much prolong the period of their productivity."

MEN-DEN-HALL'S CHILL TONIC

Best for Malaria, Chills and Fever. Guaranteed.

Roosevelt May Become a Factor.

"Politicians already are taking interest in the residence, the campaign of 1912," said J. A. Owen, of Chicago, at the New Willard.

"President Taft, of course, wants the nomination, and probably will get it. The long trip he is now making around the country is a forerunner of the campaign he will make in 1912. Of course, he has the advantage, and all the chances are in his favor for renomination. Still, there may be opposition to him by the 'insurgent' election in the House and Senate which oppose the Tariff bill. It is possible that this faction of the Re-

publican party may bring out a candidate of their own in the Middle West. It would be either Senator Dooliver or Senator La Follette. Such a thing could happen.

"Then Theodore Roosevelt may become a formidable factor in the campaign. There is no doubt that his hold on the masses is as strong as ever, and he has managed to keep in the limelight since leaving the White House. He will get a great reception when he returns from Africa. He may consent to run, especially if the Roosevelt policies are not carried out by ton 'Post'."

Kills to Stop the Fiend.

The worst foe for 12 years of John Deye, of Gladwin, Mich., was a running ulcer. He paid doctors over \$400.00 without benefit. Then Bucklen's Arnica Salve killed the ulcer and cured him. Cures Fever-Sores, Bolls, Felons, Eczema, Salt Rheum, Infalible for Piles, Burns, Scalds, Cuts, Corns. 25c at all Druggists.

QUICK'S PILLS For Liver Ills Saves Doctors Bills.

The Telephone Girl.

The telephone girl sits still in her chair and listens to voices from every where. She hears all the gossip, she hears all the news, she knows who is happy and who has the blues; she knows all our sorrows; she knows all our joys, she knows every girl who is chasing the boys; knows of our troubles; she knows of our strife; she knows every man who talks mean to his wife; she knows every time we are out with "the boys"; she hears the excuses each fellow employs; she knows every woman who has a dark past; she knows every man who is inclined to be "fast"; in fact, there's a secret beneath each saucy curl of that quiet, demure looking telephone girl. If the telephone girl told all that she knows it would turn half our friends into bitterest foes; she could sow a small wind that would soon be a gale; engulf us in trouble and land us in jail she could let go a story which gaining in force, would cause half our wives to sue for divorce; she could get all our churches mixed up in a fight and turn all our days to sorrowful nights; in fact she could keep the whole town in a stew if she'll tell a tenth part of the things that she knew. Oh, brother doesn't it make your head whirl when you think what you owe to the telephone girl?

MEN-DEN-HALL'S CHILL TONIC

Best for Malaria, Chills and Fever. Guaranteed.



Sloan's Liniment is the best remedy for sprains and bruises. It quiets the pain at once, and can be applied to the tenderest part without hurting because it doesn't need to be rubbed—all you have to do is to lay it on lightly. It is a powerful preparation and penetrates instantly—relieves any inflammation and congestion, and reduces the swelling.

Here's the Proof.
Mr. L. ROLAND, Bishop of Scranton, Pa. says:—"On the 7th of this present month, as I was leaving the building at noon for lunch, I slipped and fell, spraining my wrist. I returned in the afternoon, and at four o'clock I could not hold a pencil in my hand. I returned home later and purchased a bottle of

Sloan's Liniment

and used it five or six times before I went to bed, and the next day I was able to go to work and use my hand as usual."

Sloan's Liniment is an excellent anti-septic and germ killer—heals cuts, burns, wounds and contusions, and will draw the poison from sting of poisonous insects. 25c, 50c, and \$1.00. Sloan's book on horses, cattle, sheep and poultry sent free. Address Dr. Earl S. Sloan, Boston, Mass., U.S.A.